REVIEW

Guillain–Barré syndrome, transverse myelitis and infectious diseases

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Guillain–Barré syndrome (GBS) and transverse myelitis (TM) both represent immunologically mediated polyneuropathies of major clinical importance. Both are thought to have a genetic predisposition, but as of yet no specific genetic risk loci have been clearly defined. Both are considered autoimmune, but again the etiologies remain enigmatic. Both may be induced via molecular mimicry, particularly from infectious agents and vaccines, but clearly host factor and co-founding host responses will modulate disease susceptibility and natural history. GBS is an acute inflammatory immune-mediated polyradiculoneuropathy characterized by tingling, progressive weakness, autonomic dysfunction, and pain. Immune injury specifically takes place at the myelin sheath and related Schwann-cell components in acute inflammatory demyelinating polyneuropathy, whereas in acute motor axonal neuropathy membranes on the nerve axon (the axolemma) are the primary target for immune-related injury. Outbreaks of GBS have been reported, most frequently related to *Campylobacter jejuni* infection, however, other agents such as Zika Virus have been strongly associated. Patients with GBS related to infections frequently produce antibodies against human peripheral nerve gangliosides. In contrast, TM is an inflammatory disorder characterized by acute or subacute motor, sensory, and autonomic spinal cord dysfunction. There is interruption of ascending and descending neuroanatomical pathways on the transverse plane of the spinal cord similar to GBS. It has been suggested to be triggered by infectious agents and molecular mimicry. In this review, we will focus on the putative role of infectious agents as triggering factors of GBS and TM.

INTRODUCTION

Guillain–Barré syndrome (GBS) is an acute inflammatory immune-mediated polyradiculoneuropathy presenting typically with tingling, progressive weakness, autonomic dysfunction and pain.[1,2] Immune injury specifically takes place at the myelin sheath and related Schwann-cell components in acute inflammatory demyelinating polyneuropathy (AIDP), whereas in acute motor axonal neuropathy (AMAN) membranes on the nerve axon (the axolemma) are the primary target for immune-related injury.[3] Incidence of GBS ranges from 0.8 to 1.9 cases per 100 000 people per year.[4] It increases with age and is slightly more frequent in males than in females.[3] Several outbreaks of GBS have been reported, most frequently related to *Campylobacter jejuni* (*C. jejuni*) infections, however, other agents such as Zika Virus (ZIKV) have been strongly associated.[5,6]

Patients with GBS related to infections frequently produce antibodies against human peripheral nerve gangliosides through molecular mimicry.[7] A bacterial cross-reactive antigen recognized by macrophages and T cells induces B cells to produce an anti-ganglioside response, which penetrates blood–nerve barrier and activates complement. These antibodies bind both to gangliosides from nerves and to antigens from microbes. Activated endoneurial macrophages release cytokines and free radicals (for example, nitric oxide), invade compact myelin, periaxonal space, and occasionally block nerve conduction or cause axonal degeneration. Activated T cells release proinflammatory cytokines, fix complement, damage Schwann cells and ultimately produce dissolution of myelin.[8] On the other hand, transverse myelitis (TM) is an inflammatory disorder characterized by acute or subacute motor, sensory

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and autonomic (for example, bladder, bowel and sexual symptoms) spinal cord dysfunction.[9] The clinical signs are caused by an interruption of ascending and descending neuroanatomical pathways on the transverse plane of the spinal cord.[10] It has been suggested to be triggered by infectious agents and to be associated with autoimmune diseases (ADs). Nevertheless, its etiology remains unknown in a substantial portion of cases, which are classified as idiopathic.[11] Vaccinations have been incriminated in both of these disorders but the focus herein will be only on infectious diseases.

Herein, a comprehensive review on infections associated with GBS and TM and the proposed molecular mechanisms of their pathogenesis are offered.

BACTERIAL INFECTIONS AND GBS

About 75% of patients with GBS have a history of preceding infection, usually of the respiratory and gastrointestinal tract, within 6 weeks prior to onset (Figure 1).[12,13] Some bacteria have been reported as GBS triggers and known molecular mechanisms will be discussed (Supplementary Table).
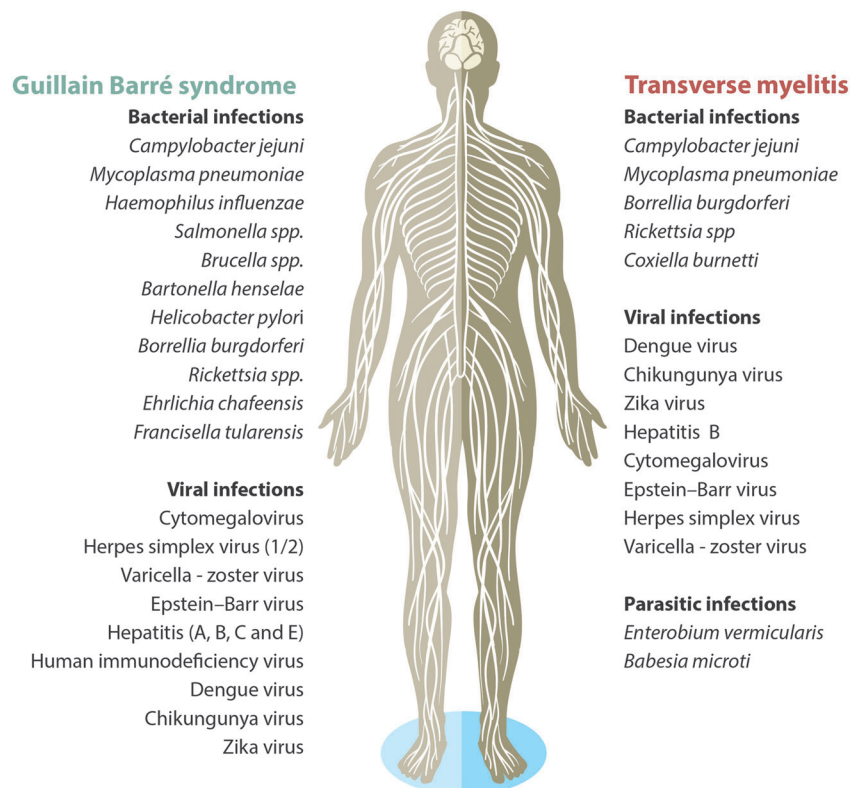
Campylobacter jejuni and GBS

C. jejuni is a frequent food-borne pathogen. Human infections caused by *C. jejuni* are a leading cause of food-borne enteritis, usually transmitted by the ingestion of undercooked poultry or contact with farm animals. New advances in the field of human campylobacteriosis include an increased appreciation of the role of *C. jejuni* in post-infectious sequelae, a broadened understanding of *Campylobacter*-associated disease burden
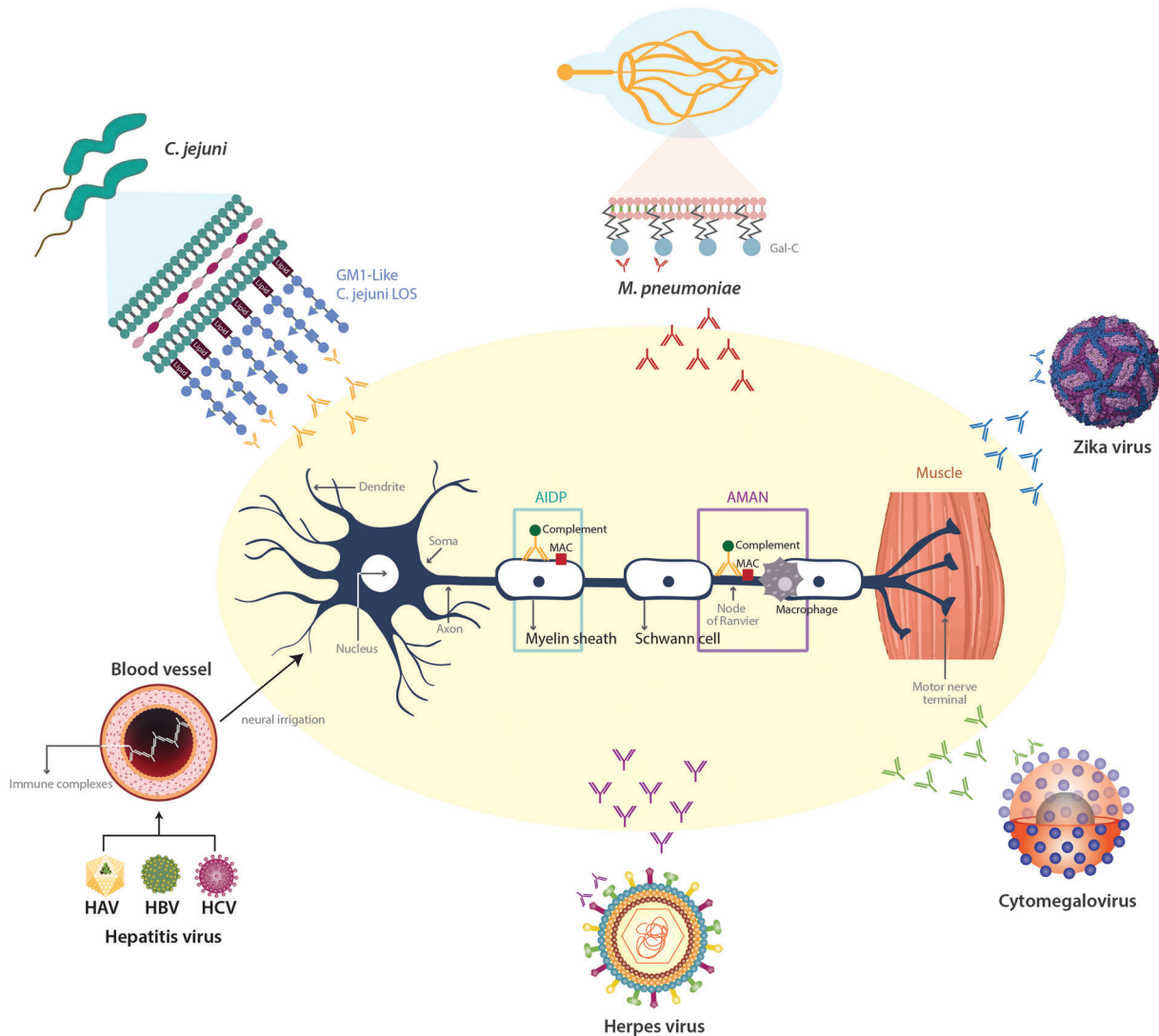
and the interplay between host immunity and bacterial factors.[14,15] In 30–40% of GBS cases are preceded by *C. jejuni* infection. Moreover, it has been estimated that 1.17/1000 *C. jejuni* infections result in GBS.[16]

Campylobacter jejuni factors and molecular mimicry. *C. jejuni* presents different epitopes capable of modulating host immunity. Most of them are glycoconjugates that are formed through glycosylation, including lipooligosacharides (LOS) and capsule polysaccharides.[17] Protein glycosylation is the most common post-translational modification. It is essential to define protein activity and function, as well as to coordinate intra- and intercellular communications.[17]

Glycans include every mono-, oligo- or polysaccharide linked to another molecule, either free or covalently attached. Most cells possess a dense covering layer on their surface, called glycocalix, which is composed of glycoconjugates. A glycoprotein is defined as a glycoconjugate comprising a polypeptide backbone with one or more glycans covalently attached, either via *N*- or *O*-linkages. *N*-linkage is due to the attachment of glycans to the polypeptide via an asparagine residue, in contrast to *O*-linkage that is via a serine or threonine residue.[18] Further, a glycosphingolipid or glycolipid is a glycan attached to lipid species, which may be anionic or neutral. A ganglioside is an anionic glycolipid containing one or more residues of sialic acid, which are considered the most common glycans in eukaryotic cells.[18] Glycosylation may yield virtually an infinite diversity to its final compounds. However, few combinations are present in nature. In any case, certain structures are usually

Guillain Barré syndrome

Bacterial infections
Campylobacter jejuni
Mycoplasma pneumoniae
Haemophilus influenzae
Salmonella spp.
Brucella spp.
Bartonella henselae
Helicobacter pylori
Borrellia burgdorferi
Rickettsia spp.
Ehrlichia chafeensis
Francisella tularensis

Viral infections
Cytomegalovirus
Herpes simplex virus (1/2)
Varicella - zoster virus
Epstein–Barr virus
Hepatitis (A, B, C and E)
Human immunodeficiency virus
Dengue virus
Chikungunya virus
Zika virus

Transverse myelitis

Bacterial infections
Campylobacter jejuni
Mycoplasma pneumoniae
Borrellia burgdorferi
Rickettsia spp
Coxiella burnetti

Viral infections
Dengue virus
Chikungunya virus
Zika virus
Hepatitis B
Cytomegalovirus
Epstein–Barr virus
Herpes simplex virus
Varicella - zoster virus

Parasitic infections
Enterobium vermicularis
Babesia microti

Figure 1 Infectious agents as causative of Guillain–Barré syndrome and transverse myelitis.

Figure 2 Pathogenesis of post-infectious Guillain-Barré syndrome (see text for details). GM1, monosialotetrahexosylganglioside; LOS, lipooligosacharide; Gal-C, Galactocerebroside; MAC, membrane-attack complex.

shared among different glycans, such as common structures between glycolypids and *N*- and *O*-glycans.[18]

GBS secondary to *C. jejuni* was the first confirmed case of molecular mimicry.[19] *C. jejuni* LOS and lipopolysaccharides (LPS) display molecular mimicry with gangliosides. Production of antibodies against these structures induces a cross-reactive immune response to nerve structures, triggering autoimmunity and neural damage (Figure 2).[20] Gangliosides attacked by the immune system are located as follows: GM1, GD1a and GM1/GD1 complex situated at the terminal nerves and anterior roots, closely related to AIDP and AMAN. GQ1b is located on oculomotor nerves (that is, III, IV and VI) and primary sensory neurons, and is correlated with Miller Fisher syndrome (MFS).[19] Serum antibodies against gangliosides are found in one third of GBS patients secondary to *C. jejuni*.[21]

C. jejuni genes such as *LOS* loci (that is, A, B and C) involved in LOS biosynthesis are crucial for the induction of

ganglioside like structures.[20,22] Class A and B encode for *C. jejuni* sialyltransferase gene (*cst-II*).[23] The remaining classes (that is, D or E) did not exhibit these epitopes, which is consistent with the fact that classes D and E are unable to synthesize or transfer sialic acid. In addition, unclassified strains also express ganglioside-like epitopes.[20] *Cst-II* (Thr51) strain has a mono-functional α-2,3-sialyltransferase, which produces GM1-like, GM2-like and GD1a-like LOS. On the other hand, *cst-II* (Asn51) strain has both α-2,3- and α-2,8-sialyltransferase activity, which allow to produce GT1a-like and GD1c-like LOS that can mimic GQ1b.[24,25]

There was a predominance of class B locus in strains isolated from patients with MFS compared with controls and GBS. However, strains isolated from MFS patients displayed more frequently *cst-II* (Asn51), regardless of the class thus suggesting that the *cst-II* polymorphism, rather than the class, is important for MFS.[20] Further, Koga *et al.*[26] showed that *cst-II* (Asn51)

strains often present GQ1b-like epitope, in contrast to *cst-II* (Thr51), which express GM1-like and GD1a-like epitope. However, half of patients with enteric *C. jejuni* infection without GBS disclosed positive *cst-II*, which suggests that this gene is necessary but not sufficient to trigger GBS. However, these studies are controversial since a further study was not able to reproduce the results. Noteworthy, HS:19 strain (classically associated with GBS) displayed more often Thr51.[27]

In addition, the *C. jejuni* strain CF90–26 was isolated from AMAN patients with anti-GM1 IgG antibodies, which portrayed an oligosaccharide structure similar to the GM1 antigen.[28] Interestingly, *C. jejuni* strains knocked down for *Orf11*, which codes for sialate *O*-acetyltransferase disclosed a reduced reactivity to anti-GM1 sera in patients with GBS, and did not induce anti-GD1a IgG antibody response in mice.[29] Recently, it was described that GM1-like together with GD1a-like LOS may form a GM1b-like epitope thus inducing the development of anti-GM1b antibodies. Those antibodies bind to either GM1b itself or to a heteromeric complex of GM1 and GD1a at the nodes of Ranvier thus activating complement in the peripheral motor nerves.[30] As peripheral nerve axonal membranes containing high levels of GD1a are frequently attacked by anti-GD1a antibodies,[31] LPS from some *C. jejuni* strains, such as HS:19 are commonly associated with GBS and have shown to contain GM1, GD1a, GD3 and GT1a-like saccharide motifs.[32]

Other *C. jejuni* genes have been involved in molecular mimicry. *NeuB1* gene, which encodes NeuAc-synthetase and is required for the synthesis of NeuAc of *C. jejuni* LOS, proved to be necessary for the induction of anti-GM1 antibodies and pathological changes in peripheral nerves.[33] Further, *wlaN* gene product, which encodes for β-1,3-galactosyltransferase is responsible for converting the GM2-like LOS structure to a GM1-like structure.[34] In addition, LOS from *C. jejuni* strain 81–176 expresses cores containing GM2 and GM3-like gangliosides.[35]

In this line, Godshalk *et al.*[36] found that two genes *orf11* and *orf10*, this last encoding for a CMP-sialic acid synthetase, were more frequent in strains from patients with ophthalmoplegia. Previously, they had demonstrated that *orf10* is necessary for the synthesis of ganglioside-like epitopes and anti-ganglioside autoantibodies.[20] These genes are unique for classes A and B. Further, these two genes, as well as *orf7ab* (*cst-II*), were associated with the occurrence of GQ1b-like epitopes on the bacterial LOS.[20] Taboada *et al.*[37] reported high conservation rates in genes associated with LOS loci classes A and B in neuropathic strains despite a wide genomic heterogeneity within this group. One further gene was highly conserved in neuropathic strains, namely *Cj1411c*, which appear to be involved in capsule biosynthesis.[38] In addition, *C. jejuni* 81116 *galE* gene, encoding an UDP-galactose-4-epimerase is indispensable for synthesize ganglioside-like structures in the LOS core oligosaccharide.[39] Animals sensitized with *C. jejuni* HB9313 (HS:19) strain mutated for *galE*, showed high titers of anti-GM1 IgG and axonal degeneration.[40] The lack of *neuB1* in *C. jejuni* resulted in the loss of epitope of *N*-acetylneuraminic acid synthetase, which is critical for the peripheral neuropathy induction.[33]

Host factors: HLA and non-HLA. Different approaches have been used to determine the possible role of host immunogenetic background in the development of GBS and its variants. Several reports have associated HLA alleles with GBS risk (Table 1).[41–55] However, to date, there are no robust and powerful data concerning the association between GBS and

Table 1 Associations between HLA and Guillain–Barré syndrome

Author	Population	Commentary
Schirmer L *et al.*[41]	Germany	HLA-DQB1*05:01 allele associated with severe GBS
Hasan ZN *et al.*[42]	Iraq	HLA-DRB alleles associated with GBS risk and HLA-DR6 with protection
Fekih-Mrissa N *et al.*[43]	Tunisia	HLA-DRB1*14 and DRB1*13 associated with GBS
Blum *et al.*[44]	Australia	HLA ligands HLA-C2 and HLA Bw4+Thr80 were more frequently seen in patients with GBS than in controls
Kaslow *et al.*[45]	USA	Slight reduction in HLA-A11 frequency in GBS than in controls
Sinha *et al.*[46]	India	HLA-DRB1*0701 associated with GBS with preceding infection
Magira *et al.*[47]	China	DQ beta/DR beta epitopes were associated with AIDP.
Guo *et al.*[48]	China	HLA-A33, DR15 and DQ5 associated with AIDP; HLA-B15, B35 associated with AMAN
Ma *et al.*[49]	Japan	A trend to a higher frequency of HLA-DRB1*0803 in GBS patients with previous *C. jejuni* infection and positive anti-GM1 antibodies
Monos *et al.*[50]	China	Increased HLA-DRB1*13 frequencies in patients with AIDP
Rees *et al.*[51]	England	Association between HLA-DQB1*0301 and GBS preceded by *C. jejuni* infection as compared with GBS patients without previous infection, but not with controls
Yuki *et al.*[52]	Japan	HLA-B39 associated with MFS
Yuki *et al.*[53]	Japan	HLA-B35 associated with GBS and anti-GM1 antibodies.
Hafez *et al.*[54]	Egypt	HLA-A3 and B8 were more frequent in GBS patients
Gorodezky *et al.*[55]	Mexico	Increased HLA-DR3 in GBS patients

Abbreviations: GBS, Guillain-Barré syndrome; AIDP, acute inflammatory demyelinating polyneuropathy; AMAN, acute motor axonal neuropathy; MFS, Miller Fisher syndrome.

HLA typing, probably due to different population, sample size or technique used for HLA typing.[23,56]

Regarding non-HLA, some authors have assessed polymorphisms in other immune receptors. For instance, Geleijns et al.[23] did not find any association between the SNPs in *CD14* or *TLR4* and GBS. Further, no relation was observed regarding *C. jejuni* serology, neurological deficit or anti-gangliosides antibodies. In contrast, Nyati et al.[57] showed in Indian patients that Asp299Gly and Thr399Ile *TLR4* polymorphisms are associated with a higher risk for GBS, particularly for AMAN subtype.

Caporale et al.[58] showed that subjects with CD1E*01/01 genotype were 2.5 times more likely to develop GBS, whereas subjects with CD1A*01/02 or CD1E*01/02 had a reduced relative risk by 3.6 and 2.3 times, respectively. No relationship was found with anti-ganglioside seropositivity or recent *C. jejuni* infection.

Polymorphisms in the genes for Fc receptors for immunoglobulin G (IgG) have been associated with less disease severity in GBS, probably due to a more aggressive response induced by those IgG or because of better clearance of circulating antibodies.[46] In addition, SNPs in the Fas promoter in particular at position −670, have been associated with the presence of anti-ganglioside antibodies in GBS patients thus suggesting that Fas-FasL interaction is involved in the production of cross-reactive antibodies in GBS.[59] *TNF* −308 G/A or −863C/A polymorphisms are also associated with GBS risk in AMAN and AMSAN subtypes, but not AIDP.[60,61] Finally, *IL17* (Glu126Gly) and *ICAM1* (Gly241Arg) polymorphisms have been associated with GBS and could be genetic susceptibility markers.[62]

Innate immune response. *C. jejuni* induces activation of dendritic cells involving cooperative signaling through TLR4-MyD88, TLR4-TRIF axes and NF-kB activation.[63] Interestingly, it has been proven that sialylation of *C. jejuni* LOS is needed to induce an innate immune response through CD14-driven production of IFNβ and TNFα and it is needed to promote B-cell response.[64]

It has been demonstrated that *C. jejuni* strains expressing α2–3-linked sialylated surface structures are able to bind to sialoadhesin (Sn, Siglec-1, or CD169), a sialic acid receptor found on a subset of macrophages.[65] Siglecs (sialic acid-binding immunoglobulin-like lectin) are expressed on microglial cells, oligodendrocytes and Schwann cells, and can bind to gangliosides containing sialic acid residues.[66] Avril et al.[67] demonstrated the potential interaction of siglec-7 with *C. jejuni* LOS expressing ganglioside-like structures. Different strains that present ganglioside-like structures on their surface were evaluated, and only HS:19 strain with GM1- and GT1a-like epitopes were associated with GBS.[68] When sialic acid structures were removed using a sialidase, the observed binding was abrogated, which proved that these interactions were sialic acid-dependent. Further, when siglec-7 was blocked using a monoclonal antibody, no interaction was observed.[67]

Siglec-7 is considered to have an inhibitory function through the immunoreceptor tyrosine-based inhibitory motifs, present in its cytoplasmic tail and located within particular signaling domain configurations, thus being able to modulate NK-cells response.[69] Regarding GBS, in which nerve damage is seen, this model of molecular mimicry may be contradictory. In fact, siglec-7 appears to be usually masked that may regulate its inhibitory activity. However, another mechanism has been proposed in which immunomodulation is inhibited through SOCS3.[70]

Humoral immune response. Given the high production of IgG against myelin peptides, it has been proposed that memory B cells play a key role in the pathogenesis of GBS.[71] Wang et al.[72] found that patients with GBS portrayed higher percentage of memory B cells than healthy controls, and were positively correlated with clinical severity. The humoral immune response is driven by γδ T cells that promotes class switching and enhancement of GM1 antibodies secretion by B cells in patients with GBS associated with *C. jejuni* infection.[73]

Tolerance to self-gangliosides is the major factor restricting the antibody response to ganglioside-mimicking LPS.[74] However, this is disrupted by *C. jejuni*-LOS that disturbs gastrointestinal tract immune tolerance and allows an exaggerated peripheral immune response against myelin-like molecules.[75]

IgG autoantibodies bind effectively to self-antigens and can activate complement system thus promoting demyelination and axonal degeneration.[19] IgG, C3 and membrane attack complex were found to be deposited in the nodes of Ranvier in autopsied patients with axonal GBS,[76] and in animal models immunized with a bovine brain ganglioside mixture including GM1.[77] Interestingly, it has been described that anti-ganglioside antibody complexes activate the complement more frequently than antibodies to single gangliosides.[78]

The conformation of the oligosaccharide moieties in *C. jejuni* LOS and the recognition of these complex moieties by the adaptive immune system cannot be predicted by its biochemical structure, since several antibodies to ganglioside complexes are associated with specific clinical subphenotypes.[79] The configuration of the oligosaccharide moieties is highly influenced by the microenvironment, and depends on the epitope density and the proximity of other oligosaccharides, and possibly on the nature of the lipid carrier.[80] This may partly explain why *C. jejuni* strains expressing ganglioside-like structures have also been isolated in patients with uncomplicated enteritis, without the production of anti-ganglioside antibodies and subsequent development of GBS.[79,81] Recently, *in vivo* models have shown that *C. jejuni* DNA-binding protein from starved cells (C-Dps) may cause direct nodal axolemmal damage interfering sulfatide functions. This leads to paranodal myelin detachment and unclustering of sodium channels.[81] Further, *C. jejuni*-related GBS patients disclosed higher serum levels of both C-Dps and anti-C-Dps antibodies than controls,[82] thus suggesting that C-Dps could invade the host and induce peripheral nerve damage. Thus, membrane attack

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complex is not the only mechanism associated with GBS pathogenesis.

Cellular immune response. Perinodal and/or patchy demyelination, perivascular focal lymphocytic infiltration of T cells, myelin swelling and the presence of macrophages within the nerve fibers are typical findings in GBS.[83] γδ T cells participate in the early immune response against infections and have been reported in several ADs. They may induce neural injury either by secreting cytokines, activating B cells and macrophages or by a loss of immunological tolerance to self-antigens.[84] Further, these cells have shown to be reactive to myelin proteins (for example, P_0, P_2, PMP22),[85] to trigger a response to non-protein antigens through CD1b receptor,[86] and to be associated with immunomodulatory responses.[87] *In vitro* stimulation with *C. jejuni* have proved to enhance production of γδ TCR+ T lymphocytes. Interestingly, Vγ5/Vδ1[+] subpopulation is the most common subset involved in nerve cells infiltration.[88] Other studies have shown TCR+ T lymphocytes expressing Vβ at GBS onset.[89] In a case control study, GBS patients disclosed high levels of Vδ1/CD8+, suggesting that cytotoxicity following infection by *C. jejuni* might be associated with GBS development.[84]

Mycoplasma pneumoniae and GBS
Mycoplasma pneumoniae (*M. pneumoniae*) is a common cause of respiratory tract infection. Respiratory illness due to *M. pneumoniae* can be followed by neurological complications, such as GBS (AIDP and AMAN) probably associated with anti-glycolipid antibodies.[90] The main mechanisms related to the presence of GBS and *M. pneumoniae* can be summarized in molecular mimicry, cellular, humoral and innate immune response.

Molecular mimicry. Galactocerebroside (Gal-C) is a major glycolipid antigen in the myelin of both the central and peripheral nervous systems.[91] Sensitization to Gal-C causes antibody-mediated demyelinating neuropathy, and anti-Gal-C antibody by itself is considered a demyelinating factor (Figure 2). Kusunoki et al.[91] showed that 12% of GBS patients with previous *M. pneumoniae* infection presented anti-Gal-C antibodies. Further, rabbit anti-Gal-C antibody bound to several glycolipids from *M. pneumoniae* as well as Gal-C. These data are indicative of molecular mimicry between the myelin glycolipid Gal-C and *M. pneumoniae*.[92,93] Molecular mimicry between GM1 ganglioside and *M. pneumoniae* has also been reported.[90] Regarding GBS variants, associations between *M. pneumoniae* and Bickerstaff brainstem encephalitis (BBE), MFS and anti-GQ1b, -GM1,-GD1b and -GA1 antibodies production have been observed.[94,95] Nevertheless, in a cross-sectional analytical study MFS was not associated with *M. pneumoniae* infection.[95]

Cellular immune response. Although molecular mimicry can play an important role in the pathogenesis of GBS related to *M. pneumoniae*, other factors may be necessary for the development of demyelination, since anti-Gal-C antibody-positive

subjects do not always develop neurological disorders.[93,96] Indeed, the role of auto-reactive T cells in central nervous system (CNS) disease caused by *M. pneumoniae* has been suggested.[97] Both T-cell activation and anti-Gal-C antibodies are necessary to enhance demyelination in experimental allergic neuritis (EAN) model,[96] a murine model of GBS considered an acute T-cell-mediated disease, as it presents inflammation and demyelination of peripheral nerves with an acute monophasic course. T-cell activation and cytokines along with anti-Gal-C antibodies may be associated with GBS pathogenesis.[98]

Humoral and innate immune response. Some data have emerged to involve B cells abnormalities as the main mechanism of damage in GBS induced by *M. pneumoniae*. It has been described that patients with GBS following infection by *M. pneumoniae* disclosed a high immune complex production, and this phenomenon could lead to peripheral nerve ischemia thus producing clinical features and symptoms of disease.[99] Additionally, the binding of antibodies to self-antigens elicits complement stimulation and membrane attack complex formation against myelin, yielding demyelination.[100]

Haemophilus influenzae and GBS
Haemophilus influenzae (*H. influenzae*) has been associated with GBS development. Koga et al.[101] describe that 9% GBS were previously infected by *H. influenzae*. It has been described that patients infected with *H. influenzae* portrayed upper respiratory tract infections, better outcomes, GM1-like ganglioside structure and an AMAN variant.[102] Interestingly, both *H. influenzae* infection and GQ1b antibodies production have been related to MFS, GBS and BBE.[103]

Mori et al.[104] described a patient with *H. influenzae* infection and axonal-GBS, in whom a high production of anti-GM1 antibody was observed. Interestingly, the result of ELISA inhibition and cytochemical staining studies evidenced the presence of a GM1-like structure on the surface of *H. influenza* isolated from one patient.[104] Also, in a non-typeable *H. influenzae* strain, its LOS disclosed similarity with GQ1b.[105] This suggests that molecular mimicry plays a role in GBS associated with *H. influenzae*. Further, patients with GBS associated with *H. influenzae* infection revealed a higher production of Vβ5.2 T cells than controls. These cells could mediate immune response and eventually could drive cytotoxicity in peripheral nerves.[89]

VIRAL INFECTIONS AND GBS
Similar to bacterial infections, GBS-associated viral infection discloses similar mechanisms to bacterial-triggered GBS. However, given the wide variety of viral antigens that can be associated with GBS, the pathophysiology, the clinical course and the outcomes may be different. The most common viruses associated with GBS are cytomegalovirus (CMV), herpes simplex virus (HSV), varicella zoster virus (VZV), Epstein-Barr virus (EBV), hepatitis (A, B and E), human immunodeficiency virus (HIV), and arbovirus, including Dengue virus (DENV), Chikungunya virus (CHIKV), and ZIKV (Figure 1).

Given the recent outbreaks of DENV, CHIKV and ZIKV, and the related increase in GBS cases, GBS should be considered as a sentinel surveillance for these arboviruses.[106]

Cytomegalovirus and GBS

CMV presents four basic structural elements, namely an outer lipid envelope, tegument, a nucleocapsid and an internal nucleoprotein core, where genome resides. Seroprevalence in the general population in the USA reaches 50%,[107] although in developing countries may be over 80%.[108] Nonetheless, the prevalence increases with age.[108] Primary CMV infection is usually asymptomatic and it presents latency in different cells such as endothelial cells, smooth-muscle cells, fibroblasts and monocytes, where replication takes place. Reactivation in immunocompetent hosts occurs intermittently throughout life, which is controlled effectively by the immune system.[109]

The first description of GBS associated with CMV infection was made by Klemola et al. in 1967.[110] It is considered the second most frequent infectious etiology of GBS and the first viral cause.[111] In the largest prospective study on GBS and CMV ($n = 506$ patients), the incidence of CMV-GBS was estimated to be between 0.6 and 2.2 cases per 1000 cases of primary CMV infection.[111] Steininger et al.[112] provided evidence of both primary CMV infection and endogenous reactivation and reinfection as a cause of GBS. CMV-related GBS may disclose a different phenotype as compared with C. jejuni-related GBS.[113] Although both infection-related GBS appear to present a delayed recovery,[114] patients with CMV-GBS tend to be younger, to present more frequently cranial nerve involvement and sensory impairment than C. jejuni-related GBS.[114] Further, respiratory insufficiency,[115] and liver abnormalities,[111] appear to be more common. Demyelinating disease is observed in up to 70% of cases.[111] A relationship with anti-GM2 ganglioside antibodies has been described and it will be discussed in the following section. Furthermore, there is no solid evidence of CMV cytopathic mechanisms in GBS pathogenesis.[116]

Molecular mimicry. Anti-GM2 was first reported by Irie et al.[117] in three patients with CMV-GBS. Some authors have found anti-GM2 antibodies in acute CMV infections without GBS thus suggesting that this antibody is not sufficient to elicit neurologic compromise.[118] In addition, both IgM anti-GM2 and anti-GalNAc-GD1a, which share GalNACAcβ1–4 (NeuAcα2–3) Gal, have been found simultaneously in CMV-GBS patients.[119] Most anti-gangliosides tend to be IgG, but IgM is the most frequent anti-GM2 antibody (Figure 2).[120]

As CMV envelope contains a number of glycoproteins,[121] and GM2 is present in peripheral nerves,[122] molecular mimicry has been examined. Irie et al.[117] performed immunoabsorption using AD169 strain CMV-infected cells and reported a decrease in titers of both IgM and IgG GM2 from sera of CMV-GBS patients, supporting the interaction of anti-GM2 with CMV-infected cells. Further, as a strong bound with GM2 was seen, the authors examined reactivity to gangliosides having a terminal GalNAc-Gal structure. Weak bound was observed to those gangliosides. GM2 may recognize GalNAc-Gal terminal of gangliosides, however, sialic acid residues may affect the binding of antibodies. Further, as patient's serum did not bind to GalNAc-GD1a the authors suggested that the antibodies may recognize internal residues and not only terminal sugar residues.[117] Tsukaguchi et al.[123] suggested cross-reactivity between GM2 and GalNAc-GD1a and the possible molecular mimicry of CMV with GalNAc-GD1a.[123]

Further, Nakamura et al.[124] reported a strong reactivity of serum from CMV-GBS patients, positive for anti-GM2 and/or GD2, to CMV proteins and peripheral nerve proteins. Additionally, Ang et al.[125] demonstrated that fibroblasts infected with CMV express ganglioside-like epitopes that recognize anti-GM2 antibodies. These findings suggest the existence of carbohydrate structures similar to GM2 and/or GD2 on CMV that may cross-react with peripheral nerves.[124,125]

Regarding potential mimicry with other epitopes, two targets have been identified in EAN, the animal model of GBS: P0 and P2. Adelmann et al.[126] found through bioinformatics homology between P0 and EBV, CMV, VZV and HIV-I. However, Irie et al.[117] did not find reactivity of anti-GM2 with P0 glycoprotein. Nevertheless, evidence for P2 molecular mimicry remains controversial.[127]

On the other hand, the membrane-organizing extension spike protein moesin is a member of the ERM family cytoskeletal proteins, which comprises ezrin, radixin and moesin. Schwann cells express ERM proteins in microvilli and a pivotal role on myelination has been suggested.[128] Further, they are found close to the nodal axolemma.[129] As ERM complex is mainly intracellular, its role as a major target for autoantibodies has been questioned.[130] Nonetheless, (1) moesin has been detected on the cell surface of lymphocytes and macrophages, indicating a role of moesin in cytokine production during infection or inflammation,[131] and (2) it has been hypothesized that an antibody-mediated degradation of nodal microvilli would explain nodal dysfunction, instead of moesin itself.[132] Further, moesin classically links the cell membrane and cytoskeleton, and mediates the formation of microtubules and cell adhesion sites.[133]

In this line, Sawai et al.[134] applied a proteomic-based approach in extracted proteins from schwannoma cells line YST-1, using sera from GBS, inflammatory disease and controls. They found that CMV-GBS patients present serum antibodies against moesin. Antibodies to moesin were found in 5 out of 6 patients, and none of the controls (that is, active CMV infection without neurologic impairment and GBS without CMV). The authors ascertained that levels of serum anti-moesin antibodies precisely discriminates CMV-related AIDP from non-CMV-related AIDP (sensitivity 83%, specificity 93%). Further, by alignment analysis they found homology of 6 consecutive aminoacids (HRGMLR) between moesin and a CMV protein.[134] Nevertheless, other authors failed to reproduce Sawai findings.[130]

Cellular responses. T lymphocyte subpopulations in CMV-GBS patients vary throughout the disease.[135] During the

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progressive phase, T-naive subset was diminished, whereas T-helper was increased, and normalized during the course of the disease. On the other hand, T-cytotoxic cells were increased during progressive and plateau phases, and diminished during the recovery phase. The same behavior was observed for all activated T cells. This supports T-cell activation during GBS, which declined with clinical recovery.[135]

The presence of HLA-G on immune cells of a CMV-GBS patient suggests the expression of immunotolerant molecules on myelomonocytic cells during CMV infection, which elicits a persistent viral load that may trigger cross-reactive immune response in susceptible individuals. Additionally, HLA-G affects myelomonocytic cells cytokine expression, and shifts it to Th2 profile, yielding an increase in antibody production. This imbalance has been involved in autoimmune peripheral nerve diseases.[136]

Herpes and GBS

Herpes simplex virus and varicella zoster virus. Besides CMV, HSV-1, 2, 6 have also been associated with axonal degeneration and demyelination.[137] It is hypothesized that inflammatory nerve injury caused by cross-reactive antibodies to HSV-1 and 2 through molecular mimicry is the most likely mechanism in GBS (Figure 2).[138] Interestingly, titers of HSV-IgM decreased as GBS convalescence progressed, and patients seemed to benefit of plasmapheresis thus suggesting the possible role of auto-antibodies in the HSV-GBS pathogenesis.[137,138] It has been suggested that some cases of GBS associated with HSV (EBV, CMV) could have been misdiagnosed due to viral cross-reactivity.[139]

Other sub-phenotypes of GBS associated with HSV have been described. Yuki et al.[140] reported a patient with BBE, anti-HSV-1 IgM antibody and high anti-GQ1b antibody titers. Interestingly, ophthalmoplegia has been reported in patients following HSV infection and isolation of anti-GQ1b antibodies,[141] thus suggesting a possible misdiagnosis of BBE and MFS.[140] HSV-1-infected human fibroblasts can express the GQ1b epitope suggesting a possible role for molecular mimicry in BBE and MFS.[125]

Miyaji et al.[142] concluded that HSV-1 infection was associated with both decreased and increased ganglioside-related gene expression (that is, increased: β3-galactosyltransferase-IV, α2,8-sialyltransferase-I; decreased: β-galactoside α2,3-sialyl-transferase-II) whereas HSV-2 induced a higher gene expression than controls (that is, β3-galactosyltransferase-IV, α2,8-sialyltransferase-I) in neuroblastoma and astrocytoma cells. Thus suggesting that HSV could enhance the production of self-antigens.

Since the prevalence of VZV is higher in immunosuppressed patients, it has been stated that many cases of GBS secondary to VZV infection could be underdiagnosed.[143] Interestingly, patients with VZV infection and GBS portrayed a reduced CD8+ T cells count during illness and helper/suppressor ratio was increased.[144] Further, GBS development following VZV infection have been recognized to emerge acute or subacutely and short latent periods of infection were associated with more

severe illness.[145] Although a pathogenic mechanism of VZV and GBS has not been clearly elucidated, a population-based study disclosed that patients with VZV infection have 18.37 times higher risk for GBS development.[146]

Conflicting evidence has emerged regarding HSV-6 and GBS.[147] Although it has been associated with GBS development,[148] recent reports indicate that the incidence of HSV-6 infection in GBS patients is low.[149] Since HSV-6 structure is similar to CMV, some authors have suggested the possible role of cross-reactivity test between these two viruses.[148] Lack of experimental studies hinders any conclusion regarding HSV-6 and the development of GBS.

Epstein–Barr virus. In the classical study of Jacobs et al.,[141] infections with *C. jejuni* (32%), CMV (13%) and EBV (10%) were significantly more frequent in GBS patients than in controls.[141] EBV can directly infiltrate the peripheral nervous system, usually resulting in focal or multifocal neuritis rather than polyneuropathy.[150] Neuropathological studies have revealed perivascular lymphocytic infiltrate, parenchymal edema, microglial proliferation and inflammatory demyelinating lesions.[151] Further, *in situ* hybridization using EBV-encoded small RNA-1 (EBER1) did not disclose positive signals, suggesting that demyelination with secondary axonal degeneration occurs without infiltration of EBV-infected lymphocytes.

The role of humoral immune response has been suggested by a case report of a patient with anti-GQ1b antibodies following EBV infection and negative *C. jejuni* serology.[152] Bioinformatics analysis disclosed that microbial sequence (that is, AKGQP) shares 54–58 homologous residues with myelin P0 protein.[126] However, in a cross-sectional study no anti-gangliosides antibodies were identified in patients with GBS and EBV infection.[153]

Vascular damage has been proposed as a possible mechanism of GBS secondary to EBV. EBV infection may cause vasculitis by direct invasion of endothelial cells or by immune complex-mediated vessel inflammation.[151] After vascular damage, ischemia develops and neural damage may occur.[150]

Hepatitis virus and GBS

Regarding hepatitis B virus (HBV), some authors suggest that deposition of circulating hepatitis B surface antigen containing immune complexes (HBsAg-ICs) along nerve structures could have resulted in angitic or ischemic lesions leading to the neuropathy of GBS. Interestingly, high levels of HBsAg-ICs have been found in patients with GBS and HBV infection.[154] Regarding hepatitis A and hepatitis C viruses, immune complex deposition along the vascular endothelium with a resulting vasculitis around the nerve, may explain the association with GBS (Figure 2).[155]

Additionally, the hypothesis of an imbalance between T-cell subsets, with decreased T suppressor activity induced by circulating immune complexes, have been proposed.[156] Lymphocytes from GBS patients were incubated with bone-marrow-derived lymphoblastoid cell line PGLC-33H. A

significant decrease in a subpopulation of peripheral blood T lymphocytes that form 'PGLC rosettes' (PGR) with the PGLC-33H cells was observed.[157] Then, HBV polymerase was found to share six consecutive aminoacids with the encephalitogenic site of rabbit myelin basic protein. Thus, viral infection may trigger the production of antibodies and mononuclear cells activation through molecular mimicry.[158]

Tropism by hepatitis E virus (HEV) for nervous system has been reported.[159] HEV might acquire host RNA sequences that confer the ability to infect multiple cell types and, thus potentially infect and damage the CNS.[160] However, this mechanism has not been suggested for GBS. Although positive serology has been detected in patients with GBS, lack of circulating HEV RNA strengthen the hypothesis of an immune-mediated process.[161] Several patients with GBS and HEV-related infection may develop antibodies to gangliosides GM1 and GM2, thus suggesting a possible role for molecular mimicry.[162,163]

Human immunodeficiency virus and GBS

GBS has been observed during the acute phase of HIV and recurrence of viremia with recover after intravenous immunoglobulin.[164] In murine models, sciatic nerves were exposed to HIV-1 envelope protein gp120, disclosing axonal swelling and increased TNFα within the nerve trunk, thus suggesting that HIV can cause nerve damage.[165] In addition, a patient with HIV infection and GBS portrayed anti-GM1 IgG-positive antibodies. However, after improvement of CD4+ T-cell count, neither anti-ganglioside antibody titer were increased nor tetraparesis were worsened,[166] suggesting a limited role of T-cell immunity in pathogenesis of GBS associated with HIV infection. It has been proposed that at lower T cells CD4+ count, the CMV infection could be the cause of GBS associated with HIV.[167]

Dengue virus and GBS

Dengue is a mosquito-borne viral disease caused by one of four closely related dengue virus serotypes (DENV 1–4). From the time DENV was recognized as a clinical entity, neurological manifestations have been described.[168] Neurologic involvement occurs in 5% of DENV cases. The major mechanisms of the disease may be related to direct viral infection or post-infectious autoimmune process.[169] Since the end of the 1990s, evidence of DENV neurotropism has increased and the number of reports on dengue patients with virus isolation from CSF or brain tissue has risen.[170]

The pathogenesis of dengue neurological involvement and underlying virus–host interactions remain to be elucidated. However, DENV infection might result in the release of mediators, including cytokines, chemokines and complement-associated viral particles, with vasoactive or pro-coagulant properties, capillary leakage, increased fibrinolysis and bleeding.[171] Furthermore, DENV could trigger a complex immune response, resulting in IL-2, IFNγ, and TNFα over-production and inversion of the CD4:CD8 ratio.[172]

In GBS patients, IgM antibodies against DENV in CSF have been detected together with virus isolates from brain tissue and CSF thus suggesting a direct virus invasion of the CNS and neurotropism of DENV.[170] Then, neurological involvement can be related to the neurotropic effect of the virus and the systemic complication of infection and can also be immune mediated.[173] As other infections, DENV may trigger an abnormal immune response, which can cross-react with the peripheral nerve via molecular mimicry.

Chikungunya virus and GBS

CHIKV is an arthropod-borne alphavirus that belongs to the family *Togaviridae* and mainly transmitted to humans by the *Aedes* mosquito. The clinical presentation comprises a flu-like syndrome including fever, headache, arthralgia, myalgia and maculopapular rash that occur after 10 days of incubation.[174] Neurologic manifestations of CHIKV infection are unusual; however, in the last years nervous system involvement associated to this arbovirus has been described.[175]

Neurological symptoms start during the invasion phase, prior to seroconversion. The presence of CSF abnormalities and CHIKV-specific IgM intrathecal synthesis were highly suggestive of CHIKV-induced pathology in the nervous system.[176] Tropism for brain tissue has been validated in murine models of CHIKV neuroinfection.[177] However, animal models have focused on musculoskeletal symptoms since arthropathy is one of the main consequences of CHIKV infection.

Zika virus and GBS

ZIKV belongs to the *Flaviviridae* family, an enveloped, positive stranded RNA virus. ZIKV relies mainly upon mosquito vectors for viral spread. Recently, ZIKV has rapidly emerged and is now widespread across the Americas.[178] While the infection is generally asymptomatic or limited to flu-like symptoms, ZIKV is increasingly being implicated in severe neurological diseases including congenital microcephaly and GBS.[6,179]

Recent evidence has described how ZIKV is able to counter host IFN signaling through degradation of STAT2 or inhibition of RIG-I-mediated IFN induction.[180,181] Identification of the host cell receptors required for ZIKV infection has also been a focus of research, with cell culture reports initially identifying AXL receptor tyrosine kinase as a potential candidate for modulating entry and cellular immune responses.[182] Further studies comparing infection between BalBc WT and *Axl* −/− mice revealed no significant difference in recovered virus titers from mice brains.[182] These conflicting results might be due to ZIKV NS5 expression results in proteasomal degradation of the IFN-regulated transcriptional activator STAT2 from humans, but not mice, which may explain the requirement for IFN deficiency to observe ZIKV-induced disease in mice.[180] These results highlight the necessary care that must be taken when translating cell culture results to organism level conclusions. Additionally, the Asian strains of ZIKV indicates that a combination of factors, such as genetic variation in the NS5

gene as a result of mutations or recombination events and the reacquisition of a E-154 glycosylation motif, could contribute to neurovirulence.[183]

Recent *in vitro* studies have shown that axonal changes occurred in the absence of overt infection or neuronal death. This suggests that axons could be injured by soluble or contact-dependent factors in their environment. Previously, it has been shown that ZIKV-infected neural crest cells produce cytokines at levels that kill or cause aberrant differentiation of neural progenitors.[184] Moreover, in myelinating CNS cultures, a reduction of myelin 6 days post infection with ZIKV was observed. This could reflect a failure of myelin to form normally or loss of previously formed myelin. The myelin that remained often appeared fragmented and many infected positive oligodendrocyte cell bodies lacked myelin sheaths. These observations tend to exclude the possibility that myelination is simply arrested. Rather, myelin changes probably represent a combination of the arrest of myelination and the degradation of previously established sheaths.[185]

Following reports linking ZIKV infection to GBS, it has been analyzed the peptide sharing between the virus and human proteins potentially related to GBS related proteins.[186] The immunological potential of the peptide sharing was described, which appeared to favor an autoimmune cross-reactive connection between ZIKV and GBS. Indeed, a conspicuous number of peptides shared between the virus and proteins associated, when altered, with (de)myelination and axonal neuropathy are present in >500 epitopes that have been cataloged as immunopositive in the human host.[186]

The cytopathic effects of ZIKV are poorly characterized. Innate immunity controls ZIKV infection and disease in most infected patients through mechanisms that remain to be understood. The failure of any of those mechanisms could be the clue to the triggering of GBS after ZIKV infection. It has been recently reported that ZIKV induces massive vacuolization, followed by implosive cell death in human epithelial cells, primary skin fibroblasts and astrocytes. This phenomenon is exacerbated when IFN-induced transmembrane protein (IFITM3) levels are low. It is reminiscent of paraptosis, a caspase-independent programmed cell death, associated with the formation of large cytoplasmic vacuoles.[187] IFITM3 is a major component of host innate control of ZIKV and is likely implicated in the low pathogenicity observed in most infected individuals.[188] IFITM3 is required to prevent pathogenesis of Influenza A virus or west Nile virus infections in mice. SNP rs12252-C in human *IFITM3* is predicted to produce a truncated form of IFITM3, which is confined to the plasma membrane.[189] Since this polymorphism may be associated with severe outcomes following Influenza A virus infection,[190] it could be a plausible genetic variant to be evaluated in ZIKV infection.[187] Another candidate genes to be evaluated could be those incriminated into the innate anti-viral immunity (for example, *APOBEC3G*).

Studies suggest that the expression of pre-membrane protein (prM) resulted in cell cycle G1 accumulation, whereas membrane-anchored capsid (anaC), membrane protein (M), envelope protein (E) and nonstructural protein 4A (NS4A) caused cell cycle G2/M accumulation. A mechanistic study revealed that NS4A-induced cellular hypertrophy and growth restriction were mediated specifically through the target of rapamycin (TOR) cellular stress pathway involving Tor1 and type 2A phosphatase activator Tip41.[191] Moreover, the appearance of neurologic syndromes associated with ZIKV could be related to the persistence of the virus, which can persist for a substantially long period, likely as a result of activation of mTOR, proinflammatory, and anti-apoptotic pathways that promote survival of infected cells, as well as exclusion of virus-specific antibodies from CSF. If persistent or occult neurologic and lymphoid disease similarly occurs following clearance of peripheral virus in ZIKV-infected humans, such a finding would have important clinical implications. It is likely that mTOR activation and persistent virus in the CNS contribute to the hallmark neuropathology of ZIKV infection.[192]

Furthermore, it is conceivable that antibody-dependent enhancement (ADE) of ZIKV infection could have resulted in high viral titers, and hence an unusually vigorous immune response based on high levels of pro-inflammatory cytokines,[193] which could trigger the emergence of GBS in some people even with low genetic susceptibility to the illness. The phenomenon of ADE has been demonstrated in experiments involving the ZIKV.[194] Furthermore, it was reported that DENV immune sera cross-react with ZIKV without neutralizing the virions. In fact, this response enhanced the replication of the ZIKV. The use of a panel of anti-DENV monoclonal antibodies revealed that the vast majority also reacted with the ZIKV.[194] Noteworthy, the majority of GBS patients had evidence of prior DENV infection,[6] which makes the phenomenon of ADE a prime suspect, as far as the development of GBS in these patients is concerned.[183] In addition to DENV, a previous or coexistant infection with *M. pneumoniae* has been suggested as cofactor to GBS development in patients with ZIKV infection.[6]

However, the above does not fully explain the apparent capacity of Asian lineages of ZIKV to trigger GBS in some patients, which appears to be lacking or greatly attenuated in the African strains. In order to propose such an explanation, we will revisit the phenomenon of NS1 codon adaptation initially described by Freire *et al.*[195] Hence, codon preferences of the Asian and African lineages are distinct, and codon usage adaptation in the NSI gene for human host housekeeping genes was detected.[195] Codon usage adaptation to human hosts displayed by the NS1 gene of the Asian strains also seems to be an important factor, as this phenomenon is known to increase translational efficiency leading to increased fitness survival and higher titers, as well as enhancing immune evasion strategies. Changes in NS1 structure between the African and Asian strains may also contribute to increased neuro-invasiveness and a distinct pattern of host gene activation.[183]

TRANSVERSE MYELITIS

Acute transverse myelitis is a subgroup of various conditions characterized by focal inflammation of the spinal cord and

resultant neural injury.[196] The etiologies of myelopathies are varied and can be subdivided into compressive and non-compressive causes. While compressive myelopathies stem from trauma and intra- or extraspinal tumors, the etiologies of non-compressive myelopathies can be classified as delayed radiation effects, ischemic, paraneoplastic, systemic ADs and infectious or parainfectious.[11]

Among the latter, microbial agents play an important role in the pathogenesis of this syndrome. Indeed, infectious diseases frequently precede the onset of TM (Figure 1). Four main mechanisms can explain how infection can trigger TM: bystander effect, molecular mimicry, microbial superantigen-mediated inflammation and humoral response.[197] Regarding bystander effect, the neurologic injury may be associated with direct or indirect microbial infection with immune-mediated damage against the agent; the infectious agent is required to be in the CNS.[11] As in GBS, molecular mimicry has long been thought to play a primary role in triggering TM, being *C. jejuni* one of the most important agents involved in this mechanism.[198] Some case reports of TM developed in close temporal association with *C. jejuni* showed high titers of anti-GM1 ganglioside, that could cross-react with LOS from a *C. jejuni* strain.[199]

Additionally, some cases of TM after *M. pneumoniae* infection have been also described,[200] and although one mechanism could be molecular mimicry between *M. pneumoniae* antigens and another class of nervous system glycosphingolipids, as Gal-C, the production of anti-Gal-C antibodies in these patients has not been explored.[11]

Immune complex deposition, a prominent feature of several ADs, has been an additional mechanism observed in patients with TM. For instance, patients following HBV booster immunization present extremely high serum and CSF levels of anti-HbSAg antibodies.[201] Circulating antibodies may form immune complexes that deposit in focal areas of the spinal cord.[197] Such a mechanism was proposed in a patient with recurrent TM and high titers of HbSAg, in whom circulating immune complexes containing anti-HbSAg were detected in the serum and CSF during the acute phase and the disappearance of these complexes following treatment correlated with functional recovery.[202]

Other possible link between an antecedent infection and the development of TM is microbial super-antigens, which can trigger a fulminant activation of lymphocytes.[203] Super-antigens activate T-lymphocytes by interacting with the more conserved Vβ region.[204] Stimulation of large numbers of lymphocytes may trigger ADs by activating autoreactive T-cell clones.[205] The production of abnormal antibodies may activate other components of the immune system and/or recruit additional cellular elements to the spinal cord, as observed in patients with neuromyelitis optica.[120,206] Finally, even though parasite and viral infections such as *Enterobium vermicularis*, DENV, ZIKV, have been related to TM, the mechanisms to explain these associations have not been elucidated.[6,207,208]

CONCLUSIONS AND PERSPECTIVES

Infectious diseases play an important role in the development of both GBS and TM. GBS is a post-infectious autoimmune syndrome that could act as sentinel surveillance for several infectious outbreaks, such as arboviruses. The fact that only some individuals develop GBS and TM after an infection demonstrates the complex host–guest interaction triggering these conditions. Therefore, studies aimed at simultaneously evaluating the genetic of both the guest and the host are warranted to reveal risk or protective factors at the population level in order to implement preventive measures and find targets for therapeutic interventions.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

ACKNOWLEDGEMENTS

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