

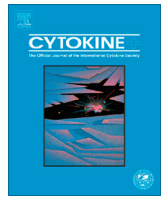


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Ocular cytokinome is linked to clinical characteristics in ocular toxoplasmosis



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ABSTRACT

Purpose: To determine the cytokine levels in aqueous humor (AH) of Colombian patients with active ocular toxoplasmosis (OT), and to correlate them with their clinical characteristics.

Methods: 27 Cytokines/chemokines were assayed in 15 AH samples (nine patients with diagnosis of OT biologically-confirmed and six controls that underwent cataract surgery). Correlations were assessed between cytokine/chemokine levels, type of inflammatory response (Th1, Th2, Th17, Treg), and clinical characteristics.

Results: Th2 predominant response was related to more severe clinical features. The presence of VEGF and IL-5 was related to higher number of recurrences. Growth factors (VEGF, FGF, PDGF-β), were related to higher number of lesions. Patients infected by type-I/III strains had a particular intraocular cytokine-pattern.

Conclusions: Th2 response was related to more severe clinical characteristics in patients infected by Type I/III strains. IL-5 and VEGF were associated with recurrences. We correlate for the first time, specific cytokine-patterns with clinical characteristics and with the infecting *Toxoplasma* strain.

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1. Introduction

Ocular toxoplasmosis (OT) is the most common cause of posterior uveitis and, in some countries, it is one of the most important causes of visual impairment [1]. The severity of disease varies greatly between patients [1]. OT is characterized by necrotizing retinopathy, triggered by the reactivation of dormant parasites within the retina [2]. Cytokine profiles in aqueous humor has been linked to clinical features for various causes of infectious uveitis [3–5] but the precise role of cytokines in toxoplasmic uveitis remains to be determined [6,7]. Cytokines can be pro- or anti-inflammatory, synergistic, antagonistic, pleiotropic, redundant, and interactive, depending on the local immunological environment [3–5]. Therefore, an ocular cytokine mapping or cytokinome will contribute to a better understanding of the physiopathology of specific forms of uveitis and of different outcomes, as occurs in OT, providing guidance for new targeted treatment [4,6,7]. A study on the ocular cytokinome in 27 immunocompetent French OT patients

found no correlation with age, sex or region of origin of the patient; neither with time from symptom onset to sampling; degree of uveal inflammation; or the etiology of the infection (primary acquired or congenital). However, a specific local cytokine-profile for ocular toxoplasmosis was observed, distinct from other causes of uveitis [6]. Particularly high levels of IFN-γ, IL-6, and MIP-1β were frequently detected in samples from patients with ocular toxoplasmosis, as well as viral uveitis, whereas IL-17 was frequently detected in samples from patients with toxoplasmic but not viral uveitis [6]. Another prospective study using aqueous humor (AH) samples from French patients revealed enhanced Th1 (IL-2, IFN-γ) and Th2 (IL-13) cytokines, as well as inflammatory (IL-6, IL-17, MCP-1) and down-regulating (IL-10) immune mediators. In contrast, TNF-α was not up-regulated [7]. However, these results are representative for European (and North American) patients, where Type II strains predominate [8,9]. We recently found that cytokine patterns were strikingly different between French and Colombian patients with ocular toxoplasmosis [10]. Intraocular IFN-γ and IL-17 expression was lower, while higher levels of IL-13 and IL-6 were found in aqueous humor of Colombian patients [10]. These results are consistent with the hypothesis that

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South American strains may cause more severe OT due to an inhibition of the protective effect of IFN- γ [10]. Thus, our present work aimed to study the local cytokine profiles in Colombian patients with active OT, and to correlate them with the individual clinical manifestations, as well as with the type of infecting strain determined by serotyping.

2. Materials and methods

2.1. Patients and controls

We prospectively collected all consecutive patients who consulted the Quindío University Health-Center (Armenia, Colombia) between August 2008 and August 2010. This consultation is a tertiary-level center able to perform anterior chamber paracentesis. A complete ocular examination was conducted, including best-corrected Snellen visual acuity, slit-lamp biomicroscopy, tonometry, and indirect ophthalmoscopy. The clinical diagnosis of active OT was confirmed by biological tests on AH samples as previously described [11,12]. Screened patients with clinically suspected OT and positive for anti-*Toxoplasma* immunoglobulin G (IgG) antibodies in serum were subsequently diagnosed as confirmed OT when positive for *Toxoplasma* DNA by polymerase chain reaction (PCR) or for presence of specific local antibodies against *Toxoplasma gondii* by immunoblot in aqueous humor compared with immunoblot patterns in serum [12]. Six aqueous humor samples were used as controls from patients that underwent cataract surgery, in which OT was discarded by serological and molecular tests in AH, as described previously [11,12]. The study followed the tenets of the Declaration of Helsinki. All participants and controls were asked to participate voluntarily in the study. If they accepted then they signed an informed consent according to the Colombian legislation for research with humans (resolution 008430 of 1993 by the ministry of health). The University of Quindío Institutional Review Board approved the study (act number 14, 23 June 2008). Immuno-compromised patients were excluded. Patients with a first OT episode had not received any anti-*Toxoplasma* treatment, patients with recurrences had not received treatment for at least 6 months before sampling. All known recurrences were noted, even if the episode was not observed by us, from the referring physician and clinical chart annotations as we described previously [13]. An assessment of inflammation level and anatomic classification of uveitis were carried out according to the criteria proposed by the International Uveitis Study Group (IUSG) [14]. The size of the retinochoroidal lesions was measured in disk-diameters (dd). Inflammation was defined according to the number of cells in vitreous examination. In correlation analysis, the number of cells and the levels of particular cytokines were evaluated. For qualitative analysis purposes, higher inflammation was defined if there were $\geq 3+$ cells in vitreous examination, and moderate or lower inflammation if there were 2+ or fewer cells, considering the number of vitreous cells visualized in 3 mm $\times$ 1 mm slit beam, according to the Standardization of Uveitis Nomenclature (SUN) grading system [14].

2.2. Cytokine measurement in aqueous humor

In order to prevent changes in cytokine levels due to multiple freeze-thawing cycles, samples were immediately stored and maintained at -80°C until analysis.

The Bio-Plex Pro Human 27-plex Panel assay (Bio-Rad) was used to measure cytokine and chemokine levels in 50 μl of the supernatants of aqueous humor of infected and control patients, according to the manufacturer's recommendations. All measurements were done in duplicate. Concentrations were calculated using standard curves of known concentrations and levels of

cytokines expressed in pg/ml for each cytokine. Data were analyzed with Bio-Plex Manager TM software V1.1.

2.3. Serotyping of *Toxoplasma* infections

Serotyping of *Toxoplasma* infections was performed using polymorphic synthetic peptides derived from the *T. gondii* dense granule proteins (GRA), GRA6 and GRA7 that detect the presence of strain specific antibodies raised against Type I/III or non-Type I/III GRA6/7 alleles in patients infected with Type I/III or non-Type I/III (Type II, atypical or non-determined) parasites respectively, as previously described [10,15].

2.4. Statistical analysis

Differences in proportions among groups were compared by the Fisher's exact test and for non-parametric data, differences of means between two groups were analyzed by a Kruskal Wallis test, with the Epi-InfoTM software, version 3.5.1 (CDC, Atlanta, USA). The statistical significance of the relationship between clinical features and cytokine profiles was studied by Spearman's non-parametric correlation-test. Correlation between cytokine levels and serotyping results was analyzed by Kruskal Wallis tests, using the statistical package software SPSS, version 14 (SPSS Inc., Chicago, USA).

3. Results

3.1. Clinical and laboratory characteristics of Colombian patients with ocular toxoplasmosis

During the study period, 42 patients with clinical symptoms of OT underwent biological analysis: 20 cases (47.6%) were confirmed as OT, 13 (30.9%) were unequivocally discarded as non-toxoplasmic uveitis, and 9 (21.4%) had an inconclusive diagnosis. *Toxoplasma* DNA was detected by PCR in 11 out of 19 aqueous humor samples (57.8%), while local antibody synthesis was proved by immunoblot in 10 of 11 patients (34.8%). One patient was positive simultaneously for PCR and immunoblot assays. Median number of inflammatory cells in aqueous humor from OT patients was 2.5 (range 0–4), of 1.5 (range 0–4) in non-OT patients and of 2.5 (range 0–4) in patients with inconclusive diagnosis. Median number of recurrences was of 1.0 (range 0–9) in OT patients, of 1.5 (range 0–6) in non-OT and of 1.5 (range 0–4) in patients with inconclusive diagnosis. Mean number of lesions (active and non-active) was of 2 (range 1–6) in OT patients, of 2 (range 1–6) in non-OT patients and of 1 (range 1–5) in patients with inconclusive diagnosis.

3.2. Cytokine profiles in OT patients vs. controls

Only 9 of 20 cases (45%) with confirmed OT could be analyzed for cytokines in aqueous humor due to low amount of sample that remained after laboratory diagnosis. Non-statistically significant differences existed between patients where the measurement of cytokines in AH could be made and those where it was not possible, in age (median age: 25 years, range 20–82 vs. 42 years, range 20–86; $p = 0.07$) or gender distribution (% males 72 vs. 44; $p = 0.36$). Also not statistically significant differences were found for clinical characteristics (Table 1). All controls were women with indication for cataract surgery. The median age of control patients was 71 (range 60–82).

The expression pattern of intraocular immune modulators was heterogeneous in OT patients with high inter-individual variations compared to cataract patients (Figs. 1–5). However, levels of the pro-inflammatory cytokines/chemokines IL-8, IP-10, MCP-1, MIP-1 α , MIP-1 β , PDGF-bb, and RANTES (Fig. 1), as well as the growth

Table 1

Comparison of clinical characteristics in patients with ocular toxoplasmosis where cytokine analysis was performed vs. those where it was not possible due to low amount of aqueous humor (AH) sample.

	Median (range) or percent (n/N) in patients where cytokine analysis was not possible	Median (range) or percent (n/N) in patients with cytokine analysis	P-value
Age of first clinical episode	38.3 (16–85)	20 (16–52)	0.09
Number of scars	1 (0–4)	2.5 (0–4)	0.3
Number of inflammatory cells in vitreous humor	2.5 (1–4)	2 (0.5–4)	0.71
Mean size of scars in disk diameters	0.12 (0–1)	0.5 (0–2.5)	0.12
Number of lesions	2.5 (1–3)	2.0 (1–6)	0.9
Number of recurrences episodes	1 (0–9)	1.5 (0–3)	0.71
Bilateral involvement	11.1% (1/9)	22.2% (2/9)	1.0
IgM anti- <i>Toxoplasma</i> positive test	9.0% (1/11)	11.1% (1/9)	1.0
Positive PCR in AH for <i>Toxoplasma</i> DNA	60% (6/10)	55% (5/9)	1.0
IgG anti- <i>Toxoplasma</i> (UI/ml)	201 (90–421)	194 (97–301)	0.56

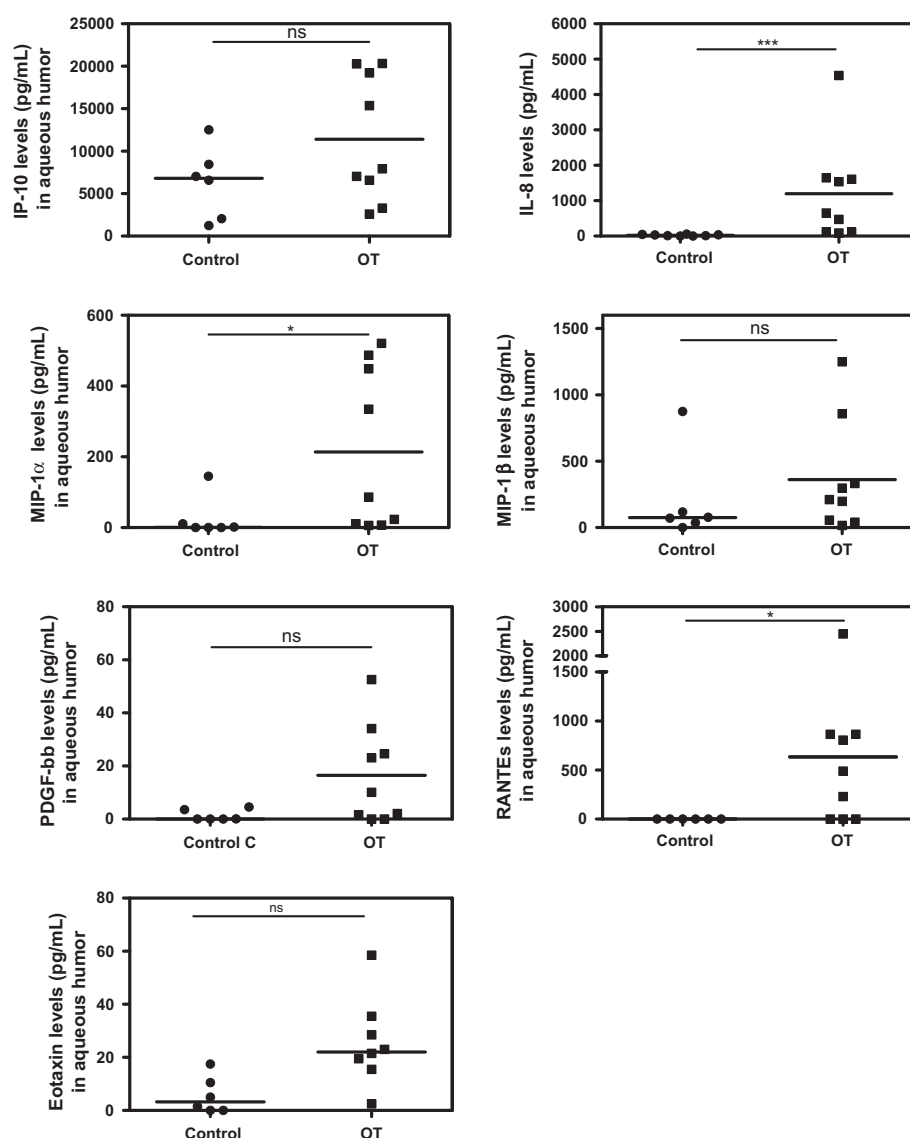


Fig. 1. Chemokines in AH of Colombian patients ($n = 9$) with OT vs. cataract controls ($n = 6$). Important expression of intraocular chemokines in active OT patients. Level of significance: * $1 - \alpha = 0.9$ (90%), ** $1 - \alpha = 0.95$ (95%), *** $1 - \alpha = 0.99$ (99%).

factors, GM-CSF, G-CSF, FGF, (Fig. 2) were significantly higher in OT patients than in cataract controls. Some Th1 cytokines were also present at higher levels, such as IFN- γ followed by TNF- α , and IL-7 (Fig. 3), but not IL-17. However, in active OT patients, we found

higher levels of the Th17 activators IL-1 β and IL-6 and of the Th17 inhibitor IL-1RA, than in cataract controls (Fig. 4). Interestingly, the Th2 response was elevated in OT patients, mainly characterized by higher levels of IL-4, and IL-13, as well as the

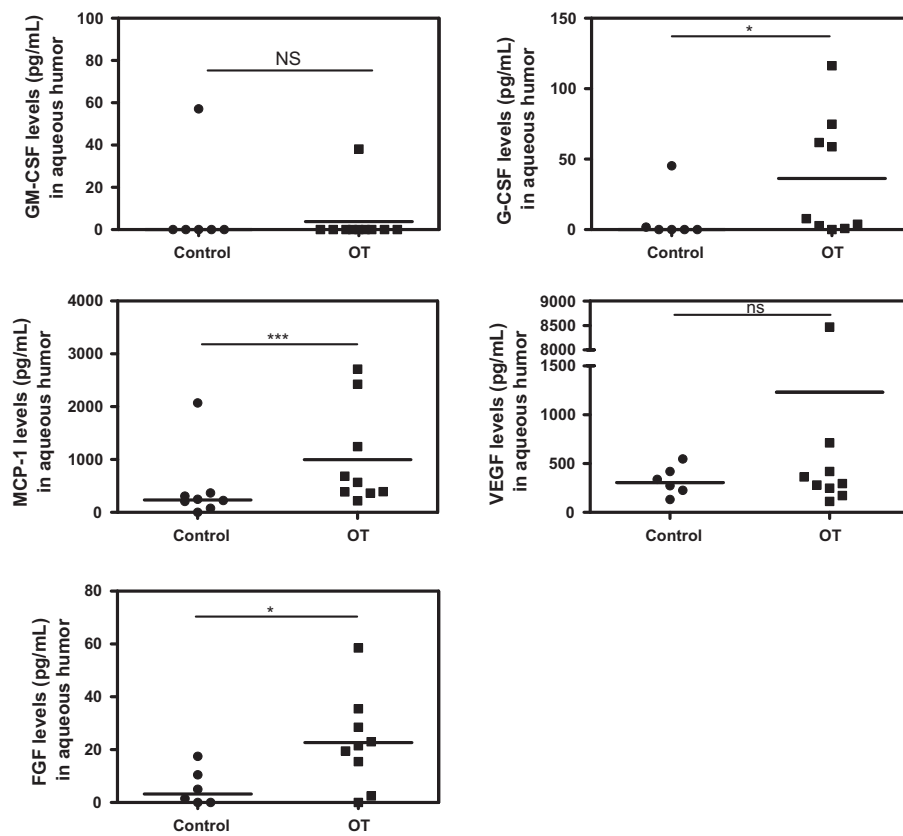


Fig. 2. Proinflammatory growth factors, angiogenesis and wound healing factors in AH of Colombian patients ($n = 9$) with OT vs. cataract controls ($n = 6$). Higher levels of the pro-inflammatory growth factors in active OT patients compared to cataract controls. Level of significance: $^* 1 - \alpha = 0.9$ (90%). $^{**} 1 - \alpha = 0.95$ (95%). $^{***} 1 - \alpha = 0.99$ (99%).

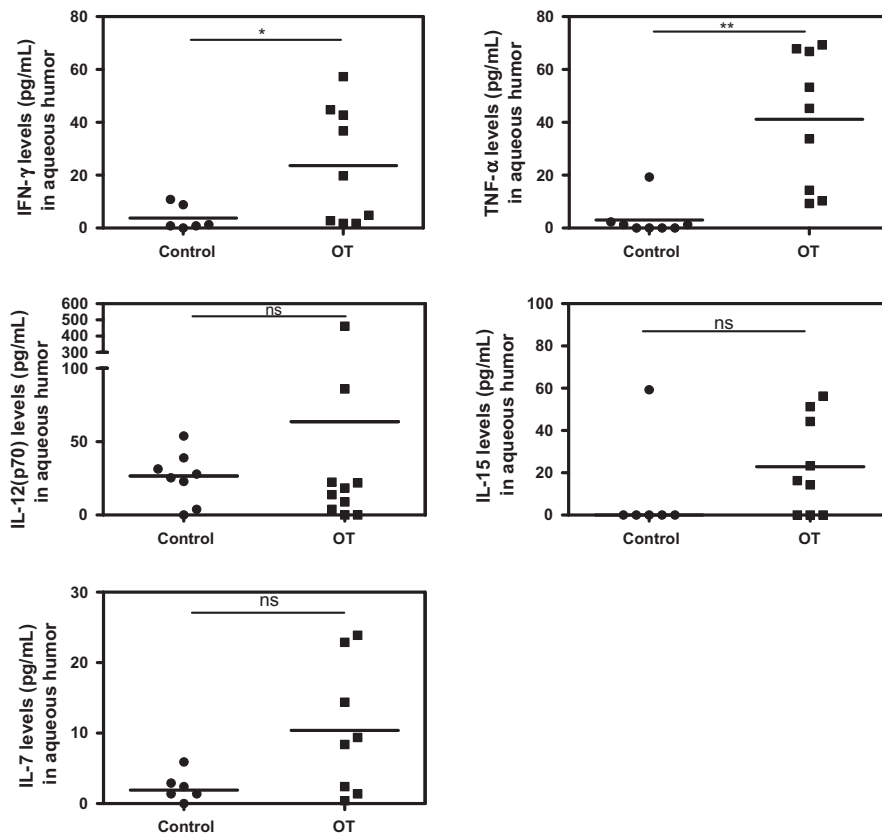


Fig. 3. Th1 cytokine profile in AH of Colombian patients ($n = 9$) with OT vs. cataract controls ($n = 6$). Higher levels of Th1 cytokines in active OT patients compared to controls. Level of significance: $^* 1 - \alpha = 0.9$ (90%). $^{**} 1 - \alpha = 0.95$ (95%). $^{***} 1 - \alpha = 0.99$ (99%).

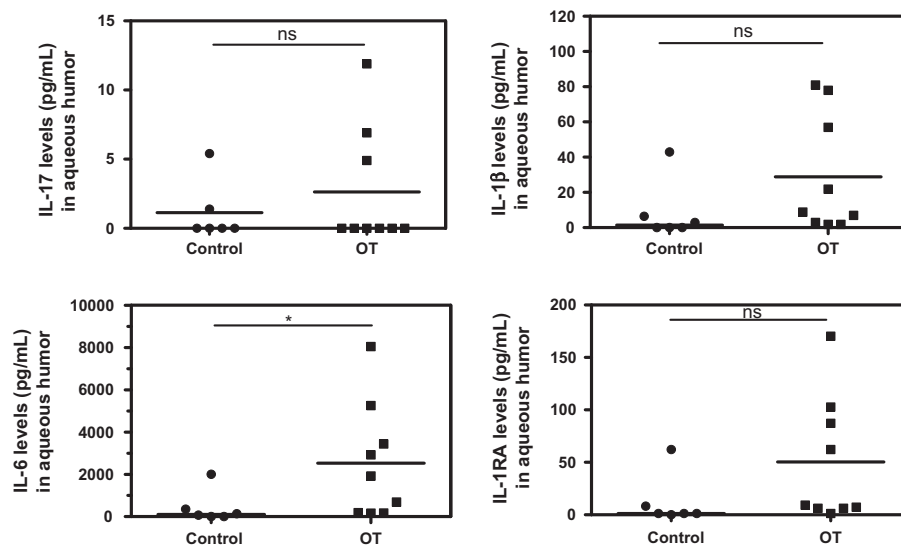


Fig. 4. Th17 cytokine profile in AH of Colombian patients ($n = 9$) with OT vs. cataract controls ($n = 6$). Counter-balance of Th17 activators (IL-1 β and IL-6), and Th17 inhibitor (IL-1RA) in active OT patients, compared to controls in which the expression of these factors is low or there are not expression. Level of significance: * $1 - \alpha = 0.9$ (90%), ** $1 - \alpha = 0.95$ (95%), *** $1 - \alpha = 0.99$ (99%).

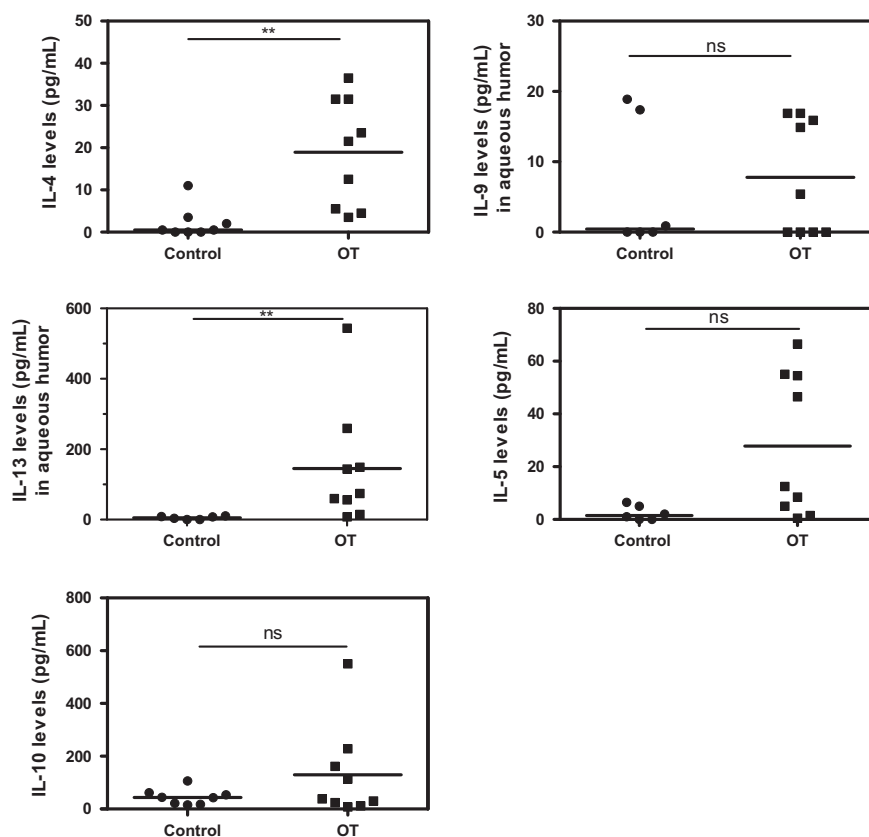


Fig. 5. Th2 and Treg cytokine profile in AH of Colombian patients ($n = 9$) with OT vs. cataract controls ($n = 6$). Prominent Th2 response in active OT patients. Level of significance: * $1 - \alpha = 0.9$ (90%), ** $1 - \alpha = 0.95$ (95%), *** $1 - \alpha = 0.99$ (99%).

suppressive cytokine IL-10 (Fig. 5). IL10 was predominant over IFN- γ as determined by the IFN- γ /IL10 ratio of each patient (mean $\pm$ SD ratio for the OT patients: 0.28 ± 0.17).

3.3. Clinical data correlate with cytokine profiles

Table 2 summarizes the statistically significant correlations between clinical characteristics and cytokine levels. Age was

positively correlated with IL-12, TNF- α , IL-7, IL-4, IL-17, IL-1b and IL-1RA levels. The number of active lesions was positively correlated with VEGF, FGF, PDGF-bb, IL-12, and IL-13 levels. The size of active lesions was positively correlated with IFN- γ , TNF- α , IL-7, IL-4, IL-13, IP-10, IL-1b, IL1RA, MIP-1a, MIP-1 β , RANTES and FGF. The size of inactive lesions was negatively correlated with FGF. The number of inactive lesions was positively correlated with VEGF. Vitreous inflammation was positively correlated with TNF- α

Table 2
Spearman's correlation of clinical characteristics and levels of intraocular cytokines (pg/ml) in patients with active OT.

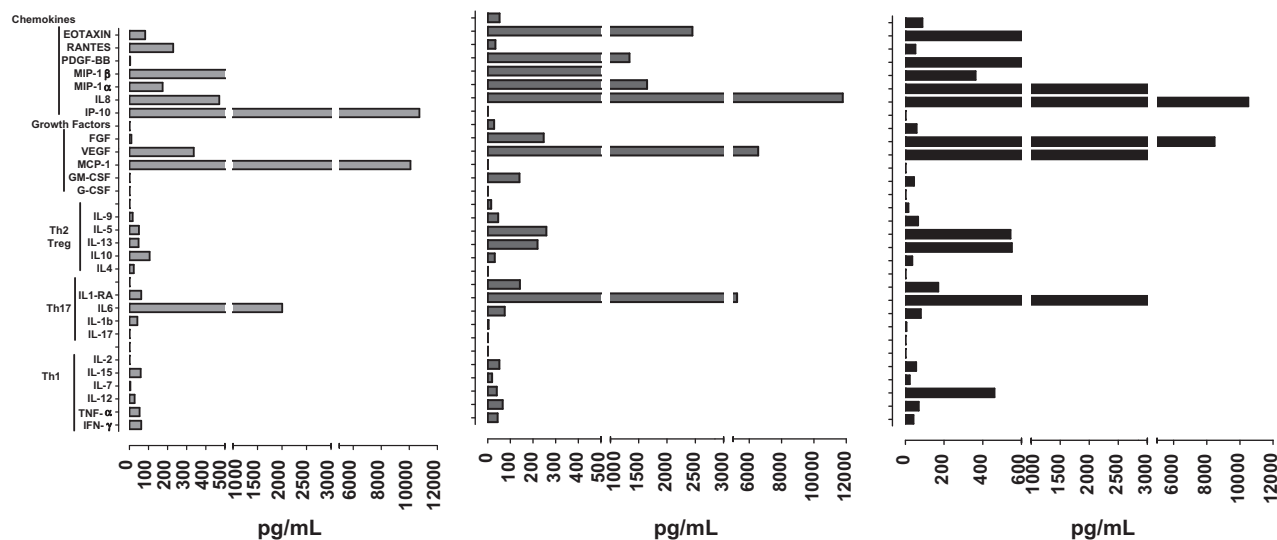
Cytokine	Age	Size active lesions DD	Size inactive lesions DD	Number of inactive lesions	High vitreous Inflammation	Number of recurrences	Number of scars
IL-12	.727(*)	NS	NS	NS	NS	NS	NS
IFN- γ	NS	.676(*)	NS	NS	.709(*)	NS	NS
TNF- α	.803(**)	.725(*)	NS	NS	.688(*)	NS	NS
IL2	NS	NS	NS	NS	NS	NS	NS
IL-7	.668(*)	.780(*)	NS	NS	NS	NS	NS
IL-15	NS	NS	NS	NS	NS	NS	NS
IL-4	.840(**)	.728(*)	NS	NS	NS	NS	NS
IL-10	NS	NS	NS	NS	NS	NS	NS
IL-13	NS	.759(*)	NS	NS	NS	NS	NS
IL-5	NS	NS	NS	NS	NS	.685(*)	NS
IL-9	NS	NS	NS	NS	NS	NS	NS
IP-10	NS	.690(*)	NS	NS	NS	NS	NS
EOTAXIN	NS	NS	NS	NS	NS	NS	NS
IL-17	.785(*)	NS	NS	NS	NS	NS	NS
IL-1b	.762(*)	.811(**)	NS	NS	NS	NS	NS
IL1-ra	.679(*)	.809(**)	NS	NS	NS	NS	NS
IL-6	NS	NS	NS	NS	NS	NS	NS
IL-8	NS	NS	NS	NS	NS	NS	NS
MCP-1	NS	NS	NS	NS	NS	NS	NS
MIP-1a	NS	.845(**)	NS	NS	NS	NS	NS
MIP-1b	NS	.725(*)	NS	NS	NS	NS	NS
G-CSF	NS	NS	NS	NS	NS	NS	NS
GM-CSF	NS	NS	NS	NS	NS	NS	NS
PDGF-bb	NS	NS	NS	NS	NS	NS	NS
VEGF	NS	NS	NS	.720(*)	NS	.747(*)	.720(*)
RANTES	NS	.772(*)	NS	NS	NS	NS	NS
FGF	NS	.690(*)	-.707(*)	NS	NS	NS	NS

NS: non-significant correlation.

Level of significance (two tailed).

* $1 - \alpha = 0.9$ (90%).

** $1 - \alpha = 0.95$ (95%).



Female, 25 years old.
Panuveitis, one active lesions 2dd, two inactive lesions 0,5 dd, 3+ a/c cells, 4+ vitreous cells.
Two recurrences, papillitis, CME.
Serotype: No I/III.

Female, 27 years old.
Panuveitis, one peripheral active lesion, 1dd, 1+ a/h cells, 2+ vitreous cells.
No recurrences, acquired infection.
Serotype: I/III.

Male, 82 years old.
Panuveitis, four active lesions 3dd, two inactive lesions 2dd, 2+ a/h cells, 4+ vitreous cells.
Two recurrences, macular involvement, cataract, synechiae, vasculitis, papillitis, retinal detachment.
Serotype: Atypical strain

Fig. 6. Examples of individual typical cytokine-profiles patterns in AH of patients with active OT.

and IFN- γ levels. The total number of recurrences was positively correlated with IL-5 and VEGF. Finally, the number of scars was positively correlated with VEGF levels.

We draw a cytokine profile for each OT patient (see examples in Fig. 6). Despite obvious inter-individual variations, some patterns could be observed: chemokines and growth factors were predominant in all patients; MCP-1, IP-10 and IL-6 had high levels; IL-17 and IFN- α had extremely low levels and expression of IL-12 was related with higher inflammation level.

3.4. Cytokine profile and *Toxoplasma* serotyping

Four out of nine OT patients showed Type I/III serotypes, while five patients exhibited non-Type I/III serotypes. We compared median cytokine levels between these two groups. Several cytokines were indeed present in higher concentration in OT patients with a I/III serotype: IL-12, IL-13, IL-17, IL-1 β , IL-5, IL-7, IL-1ra, IL-4, G-CSF, PDGF-bb and TNF- α (Table 3). A trend towards higher inflammation scores was observed in I/III vs. non-I/III patients (median scores 2.5 vs. 1, $p = 0.3$). No significant correlation was found between serotype and other clinical characteristics (bilateral lesions, papillitis, number of recurrences, number of lesions, vasculitis, or synechiae).

4. Discussion

The eye presents an immune privileged environment, which leads to tolerization rather than activation of antigen-specific T-cells [16]. Retinal cells, like the Retinal Pigmented Epithelial (RPE) cells, constitutively express immunosuppressive mediators and receptors [17]. This particular ocular situation is also observable with antibody production in the eye, but not in serum during an OT episode [11]. It has to be kept in mind, however, that immune reactions do take place in the eye, especially in case of local injury or infection. However, they are regulated in a different manner than in peripheral tissues. In the brain, microglial cells were found to react to inflammation with the production of IL-13 and

cell death, thus protecting neuronal survival [18]. This and other protective reactions, particular to the CNS, are probably also at play in the retina, but very few data are available yet. Because of the special environment, we studied the cytokine patterns directly in the eye, rather than in serum. We and others previously identified cytokines that play essential roles in the inflamed eye [3–7]. Elevated aqueous humor concentrations of cytokines have been reported for different types of uveitis, and diverse cytokine profiles were shown to be characteristic of specific diseases [4–6]. In consequence, cytokine patterns may serve as diagnostic and prognostic monitoring tools for the clinician [19], but are also useful to understand the immunopathogenic mechanisms of infectious uveitis [4].

Here, we looked for the local immune response associated with different clinical appearance. We determined cytokine levels in aqueous humor from nine Colombian patients with ocular toxoplasmosis, by using the same recruitment criteria and the same methodology used in our previous work [6,7,10]. Importantly, we only included biologically confirmed OT cases, rather than all patients with presumed OT, which may limit the impact of other studies [20]. While the ocular signs of toxoplasmic retinochoroiditis are highly suggestive of this disease, they may be mimicked by other infections [11] and symptoms may be atypical in some cases [21]. In our patient series, 30% of suspicious retinochoroiditis cases were found not to be due to toxoplasmosis.

Most of previous human studies actually dealt with Type II strain infection, predominant in Europe and North America. Retinal lesions seem, in these cases, be induced by a non-appropriate Th17 type response and controlled by production of protective IFN- γ [6,7]. In contrast, we recently reported more severe ocular infections in South America due to highly variable *Toxoplasma* strains and characterized by a completely different local immune response pattern and much higher ocular parasite loads [2,10]. Here, we confirm this specific South American cytokine pattern which suggests that the particular severity of ocular toxoplasmic infection is due to a predominant Th2 response thus preventing effective parasite control. Accordingly, IL13 and IL4 levels were correlated with size and number of lesions. Although IFN- γ and

Table 3

Cytokines with significant different levels according to infecting *T. gondii* strain in Colombian patients with active OT.

Cytokine group	Cytokine	Serotype		P-value (Kruskal–Wallis)
		I/III Cytokine median (range) pg/ml N: 4	No I/III Cytokine median (range) pg/ml N: 5	
Th1	TNF- α	67.3 (33.8–69.3)	14.3 (9.3–53.3)	0.05
	IL-7	21.4 (9.4–23.9)	3.4 (2.4–14.4)	0.03
	IL-12	63.4 (13.9–460.9)	8.9 (0–31.4)	0.05
Th17	IL-17	5.9 (0–11.9)	0 (0–0)	0.03
Th17 activators	IL-1 β	76.9 (21.9–80.9)	14.9 (6.4–56.9)	0.05
Th17 inhibitors	IL1-ra	122.55 (62.3–170.3)	8.3 (7.3–87.3)	0.04
Th2	IL-4	31.5 (12.5–36.5)	5.5 (3.5–23.5)	0.05
	IL-5	50.5 (8.5–66.5)	6.5 (0.5–50.5)	0.05
	IL-13	166.5 (59.5–543.5)	48.5 (7.5–143.5)	0.05
Growth factors	G-CSF	95.55 (45.3–140.8)	29.8 (0–61.8)	0.05
Chemokines	PDGF-bb	29.35 (23–52.6)	4.6 (0–10.1)	0.01

TNF- α levels were elevated in OT compared to cataract controls, they stayed far below the levels reported in French patients [10]. Additionally, the low IFN γ /IL10 ratio indicated a predominance of immunosuppressive over efficient anti-parasitic responses. The lower Th1 response in Colombian patients can be explained by a specific modulation of the immune response by South American strains. *In vitro* studies demonstrated that strains of the types I and III inhibit the NF κ B pathway resulting in reduced IFN- γ production, whereas Type II strains induce it [22]. In support of this, we observed significantly different local cytokine profiles in patients with I/III strain serotypes, compared to patients with non-I/III strain serotypes. The heterogeneous clinical and immunological aspect observed in our Colombian patients is most likely a consequence of a very heterogeneous parasite population in Colombia [10,23] compared to a very homogeneous Type II infection in France [24]. More refined serotyping methods will give a more precise picture in future studies. Genotyping of the *Toxoplasma* virulence factor ROP18 identified an association between infection by a parasite with the virulent allele of ROP18 and a more inflammatory ocular reaction, whereas current serotyping techniques could not [25].

High levels of IL-6, IL-12p70 and MCP-1, but also IL-10 were found to be associated with more inflammation. Particularly IL-6 is a major proinflammatory cytokine in uveitis and elevated intraocular levels were found in AH of patients with uveitis of diverse origins, including ocular toxoplasmosis, viral uveitis, Fuchs heterochromic uveitis syndrome [32–38]. IL-6 can enhance the progression of the parasite by activation of STAT-3, which is an inhibitor of the protective cytokine IL-12 [39].

Interferon gamma-induced protein 10 (IP-10) was positively correlated with size of active lesions. IP-10 is secreted by monocytes, endothelial cells and fibroblast and is a powerful chemoattractant for various immune cells [30], therefore inducing a highly inflammatory reaction within the eye, leading to larger lesions. The positive correlation that we found between size of active lesions and other cytokines (IFN- γ , TNF- α , IL-7, IL-1b, IL-1ra) and the chemokine RANTES can be explained by their pro-inflammatory effect. Additionally, the number of active lesions was correlated with IL-12 levels. This inflammatory reaction is, however, largely counterbalanced by a predominant IL-4 and IL10 response in our Colombian patients. IL-10 is an immunomodulatory cytokine produced by various cells [40], often concomitant with IFN- γ or IL-17 [41], as a negative feedback mechanism. This also explains the counterintuitive positive correlation of IL-10 with some inflammatory processes and cytokines. Regarding all these results, IL-10 seems to be central to the induction of the permissive state seen in the eyes of South American OT patients.

The number of recurrences was correlated with IL-5 expression. This cytokine has an important role in the induction of a Th2 response and antibody production by enhancing specific IgA production [31], which has been described as predictor of recurrences in ocular toxoplasmosis [32]. This makes IL-5 a good candidate for a prognostic marker. Equally, VEGF levels were positively correlated with numbers of recurrences and inactive lesions. This could contribute to the formation of choroidal neovascular-membranes [29], frequently observed in Colombian OT patients [1].

We finally found a positive correlation between age and levels of IL-4 and TNF- α . Aging in humans is related with progressive decline in T cell numbers and increased production of TNF- α [26], as well as increased secretion of IL-4, reflecting an age-dependent accumulation of memory T cells [27,28].

In conclusion, for the first time it was found that there are significant correlates of specific cytokine patterns with clinical characteristics in OT, such as inflammation, recurrences and the infecting *T. gondii* strain. These results will help to build new working hypothesis about the differences in therapeutic response and

prognosis in OT and to test immunomodulatory options for the treatment of this important ocular infection.

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